## **Tero International Presentation Coaching and Feedback Worksheet**

Presentation Technique	Strength	Development Area	Guidelines	Coaching/Feedback Comments
55% Visual				
Eyes			100% Focus on Eyes Pause between thoughts	
Supportive Gestures			Gestures to support message Gestures above the waist Arms rest at side when not gesturing	
Purposeful Movement			Balanced/symmetrical stance Movements to support message	
Facial Expression			Facial expression to match message Look for opportunities to smile	
38% Vocal				
Volume			Volume appropriate for audience Vary volume	
Vocal Expression			Add inflection Vary tone and pitch	
Pace			Vary pace Look for opportunities to pause	
Filler Words			Avoid filler words such as "er", "uh", okay", "um", or "eh".	
Presentation Aids				
Visual Aids			Follow 3 x 3 rule Use Large Letters	
Soundbite Technique			Introduce visual aids with brief, attention-getting statement or question	
Ready Aim Fire			Ready the visual aid in silence Connect with an audience member Present the information	
Other Observations				



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