

## Tero International Reflecting on Life's Larger Issues

The questions below touch on some of life's larger issues. Take a few minutes to jot down some of your thoughts and feelings.

How would you compare your level of career satisfaction today with that of five years ago? Last year?

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How would you compare your level of personal satisfaction today with that of five years ago? Last year?

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When do you feel best about yourself?

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Have you abandoned any ambitions or old dreams that you might want to reconsider?

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What two or three things are truly important to you now? Do you think these things will be important to you in five or ten years?

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What goals are you striving toward now?

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What types of situations typically cause stress for you? How do you handle stress in your life?

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If you continue your present lifestyle, how will it affect your crucial relationships (with spouse, children, friends)?

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Do you feel you need more challenge in your life?

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